

“Education and awareness about mental illnesses to reduce stigma and promote recovery.”



WUMH News and Information ■ **April 2008**

Please Join this Stigma Reduction Teleconference

The Center for Mental Health Recovery (CMHR) will be convening a **community-wide teleconference** forum called “**Innovative CMHR Strategies: At School, On the Web, At the Beach**” to be held on Wednesday, April 16, 2008 from 2:00 to 3:30 PM CST. To participate in the forum, follow these instructions: **Dial 1-800-369-0860. Once prompted, enter 80341#** No registration is required for this event.

“Transformation of the Mental Health Delivery System”

Gerald Thies, Director of the Comprehensive Community Services (CCS) in Kenosha County will present an all-day workshop, Friday, **April 25**, at the Helen Bader School of Social Work at UW-Milwaukee. Program #2008-03. Fee: \$140 (student \$70) Call 414-229-4018 or 866-896-4279.

Recovery from Mental Illness Is Not Only Possible . . . It's Happening Every Day

Larry Davidson, Ph.D. Professor of Psychology, Department of Psychiatry Yale University School of Medicine will speak **Thursday, April 24, 2008, 4:00 p.m. Rm. 313, Pyle Center, 702 Langdon Street , Madison, WI.**

Dr. Davidson is internationally renowned for his research on recovery-based systems of mental health care. He is the Director of the Program for Recovery and Community Health at Yale He has received major grants from NIMH, SAMHSA, and the State of Connecticut Department of Mental Health and Addiction Services to study the implementation of recovery-based principles of care. In this talk, Dr. Davidson clarifies the different meanings of the term recovery as it relates to serious mental illnesses, and he describes at length the meaningful lives that persons “in recovery” experience in the community. Dr. Davidson’s lecture is co-sponsored by the School of Nursing, the Department of Psychology, and the Department of Rehabilitation Psychology and Special Education. Social Work CEUs are available upon request.

More from the Campaign for Mental Health Recovery

Posters Available: If you are looking for material to distribute at your local CMHR support events or other mental health related events, you may be interested to know that SAMHSA's [National Mental Health Information Center \(NMHIC\)](#), has free anti-stigma reduction posters available for ordering. To view the poster, click [here](#). To order copies of the poster, you may call NMHIC at 1-800-789-2647 and request the poster using inventory code **OEL99-0001**. *You can order larger quantities of the poster if so desired.*

CMHR Support Materials: Have you ordered your CMHR Community Site kit? Do you know where to order CMHR support materials? Access a complete list of CMHR materials and ordering information by clicking [here](#).



I invite you to join the foremost leaders in the field **June 4-7 in Washington, D.C.** as we set a course for promoting wellness across the nation at Mental Health America's 2008 Conference, "No Health Without Mental Health," featuring the Inaugural Promotion and Prevention Summit.

To find out more about the program, our speakers and how to register today, visit www.mentalhealthamerica.net/go/conference. We have no doubt that each available space will be taken, so please sign up now.

Summer Institute on Mental Disorders and the Older Adult

Two all-day sessions are being offered: July 1 "**Understanding and Assessing the Dementias**" and July 31 "**Understanding and Assessing Late Life Mental Disorders.**" Both are offered through the UW-Extension Program and will be held in Madison, WI. Fee: \$150 for one or \$275 for two. Contact the UW for more information: 608-262-1397 or 800-741-7416.

New CMHS State Mandates Report

A new report is available from the Substance Abuse and Mental Health Service Administration's (SAMHSA's) Center for Mental Health Services (CMHS). The report focuses on state-mandated benefits, state laws regulating mental health and addiction treatment workers, and state-recognized mental health clinicians with authority to prescribe psychotropic medications.

The report is divided into three main sections. The first section describes the current status of state-mandated insurance coverage and identifies those states that require insurance companies to provide

coverage for those they insure who have mental or substance use disorders. The second section outlines the type of coverage and diagnostic conditions to which the insurance applies. Finally, the third section provides an in-depth analysis of the authority granted by states to nurse practitioners and physician assistants to prescribe psychotropic medications.

Download/View the Report:

[State Mandates for Treatment for Mental Health Illness and Substance Abuse Disorders](#) (536 KB)

[Order Your Free Copy Now! \(SMA07-4228\)](#)

New Reports from SAMHSA's Office of Applied Studies

Substance Use and Mental Health Information for Each State

A new report providing analyses of substance use and mental health patterns occurring in each state reveals that there are wide variations among the states in problems such as illicit drug use and underage drinking, but that no state was immune from these problems. For example, past-month use of alcohol among persons aged 12 to 20 (underage use of alcohol) ranged from a low of 21.5 percent in Utah to a high of 38.3 percent in Vermont. Yet Utah had the highest level of people age 18 or older reporting serious psychological distress in the past year (14.4 percent), while Hawaii had the lowest level (8.8 percent).

View State Estimates Report:

[State Estimates of Substance Use From the 2005–2006 National Surveys on Drug Use and Health](#) (402 KB)

[Order Your Free Copy Now!](#)

Thank you, Martha for all your heart-work!

In July 2008, **Martha Rasmus**, President/CEO of Mental Health America of Wisconsin (MHA) (formerly the Mental Health Association) **will officially retire**. MHA's Board of Directors is currently engaged in a **search for a new president**. Mental Health America of Wisconsin is a nonprofit organization dedicated to helping all people live mentally healthier lives across the entire state. MHA represents a growing movement of Americans who promote mental wellness for the health and well-being of the nation - everyday and in times of crisis. MHA's mission remains to promote mental health, prevent mental disorders and achieve victory over mental illness through advocacy, education, information and support.

If you or someone you know has the skills and talent to lead Mental Health America of Wisconsin we would like to hear from you. We encourage you to visit our web site at www.mhawisconsin.org for more information about the organization. To **apply for the position**, please send a letter of interest, with a resume and salary parameters, as well as names and contact information for three professional references (references will not be contacted until you are notified) to: Leading Transitions LLC, Search MHA3, 544 East Ogden Avenue, Suite 700-350, Milwaukee, WI 53202 or e-mail to MHA@leadingtransitions.com. (Electronic submissions are preferred.) **The deadline to apply for this position is May 2, 2008.**

May 31, 2008—save the date!

Please plan to join **Disability Rights Wisconsin** for a lively evening spotlighting milestone achievements within Disability Rights Wisconsin and the disability rights movement over the last 30 years. We'll also shine a light on what lies ahead.

Don't miss the fun as we celebrate at

Spotlight: 30 years of award-winning advocacy!

Saturday, May 31, 2008

5:30 p.m. – 8:30 p.m.

Monona Terrace Convention Center in Madison

Mark your calendar and hold the date—ticket information and other details are coming soon.

Past issues of this monthly Update are stored on our web site www.wimentalhealth.org. Check out the calendar for events of interest. We appreciate all your efforts to stay informed and involved with the many activities happening around the state. On behalf of WUMH, Thank you!

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WUMH Purpose: A coalition to implement the Healthiest Wisconsin 2010 objective to eliminate the stigma associated with mental illnesses. Mental illnesses are real, common and treatable.

DISCLAIMER: The WUMH Listserv is intended to share information about mental health, stigma, and recovery. This information does not necessarily express the views of WUMH or the Wisconsin Women's Health Foundation. If you wish to be deleted from this list, please reply with "Unsubscribe" in the subject or text. Thank You.