

“Education and awareness about mental illnesses to reduce stigma and promote recovery.”



December 2008---WUMH News and Information

• This week: WUMH Joint Advisory Board and Steering Committee meeting:

Friday, December 12, 9:00-11:00am in Madison. Agenda below. Please **RSVP**.

9:00	Welcome and Introductions	Rebecca Cohen All
9:10	Co-Chair and Advisory Board—recruitment news (bios handout)	Rebecca
9:25	Approval of September Minutes (minutes handout)	All
9: 30	Wisconsin Partnership Program Development (Planning) Grant “Women, Stigma and Depression” Summary of Final Report—PowerPoint presentation	L.D. Oakley, Marilyn Duguid
10:00	2008 MIG- Project Update -Supervisor’s Module -Workplace Trainings- 2008 -Looking ahead to 2009	Rebecca Cohen, Becky Michelsen, Mike Meulemans
10:25	eHealth: Stigma Education for Primary Healthcare	Kathy Farnsworth, Rebecca Cohen
10:40	Media Team	Jane Howard
10:50	Announcements/Conferences/Other	All
	2009 Joint Advisory Board Steering Committee Meeting s(Fridays, 9-11) dates: March 13, June 12, September 11, December 11.	

****December 11 Mental Health in the Workplace Training event in Milwaukee has been cancelled—to be rescheduled for early 2009.****

●New SAMHSA White Paper Examines Suicide and Substance Abuse

The Substance Abuse and Mental Health Services Administration (SAMHSA) has released a new white paper focusing on the current state of knowledge about the **interrelationship between substance abuse and suicide**. Entitled “Substance Abuse and Suicide Prevention: Evidence & Implications,” the document stresses substance abuse as a risk-factor for suicide and suicide attempts and the importance of continued learning about this connection to help prevent suicidal behavior.

The white paper provides an overview of the advances made over the past decade in the areas of substance abuse prevention and treatment, and suicide prevention—and then further examines how this knowledge can be effectively interwoven in suicide prevention efforts. The first section of the white paper focuses on the epidemiology of suicide itself and presents a brief history of the growing focus on suicide as a public health issue of significant concern. The second section provides an overview of what we know and do not know of the impact of substance abuse on suicide risk. The final section of the document explores suicide prevention within the public health context of behavioral health promotion and illness prevention.

This white paper was developed by SAMHSA’s Center for Substance Abuse Treatment and may be ordered on line at:

<http://www.samhsa.gov/matrix2/508SuicidePreventionPaperFinal.pdf>.

●SAMHSA’s Resource Center to Promote Acceptance, Dignity and Social Inclusion Associated with Mental Health (ADS Center)

The ADS Center is a program of the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services (CMHS) Office of Consumer Affairs. We invite you to share this information with your friends and colleagues who share your interest in **confronting prejudice and discrimination associated with mental illness** and to post this information in your own newsletters or listservs. **Visit the ADS Center** on the Web at <http://www.promoteacceptance.samhsa.gov>.

●Spotlighting Those Who Make a Difference for Mental Health

Nominations now being accepted for the 2009 Voice Awards—due March and May 15, 2009

Join with the Substance Abuse and Mental Health Services Administration to **recognize entertainment industry and mental health consumers who give voice to people with mental health problems**. The Voice Awards honor writers and producers who incorporate dignified, respectful, and accurate portrayals of people with mental illnesses into film and television productions. The awards also recognize consumer leaders who inspire us with their contributions toward promoting the social inclusion and recovery of people with mental health problems.

If you know of a film or TV show that was released after October 1, 2007, and depicts people with mental health problems in a dignified, respectful, and accurate way, please nominate it for a 2009 Voice Award.

Similarly, if you know of **mental health consumers** who have led efforts to promote social inclusion, demonstrated that recovery is real and possible, and made a positive impact on their workplaces, communities, and/or schools, please nominate them for a 2009 Consumer Leadership Voice Award. Additional consideration will be given to nominees who have made a positive impact within special populations such as culturally diverse groups, young adults ages 18 to 24, and those who have worked to prevent suicide.

Nominations are open to anyone, are free, and there is no limit to the number an individual can submit. Entertainment industry nominations will remain open until March 15, 2009. Mental health consumer nominations will remain open until May 15, 2009.

The Voice Awards will be presented at a gala ceremony in Los Angeles on October 14, 2009. The Voice Awards are part of the Campaign for Mental Health Recovery, a program of the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Mental Health Services, and the Ad Council. The Campaign is working to reduce the stigma and discrimination faced by young adults and others with mental illnesses. Visit www.whatadifference.org to learn more.

●Upcoming Conferences/Education:

●Community-wide Teleconference Forum

Wednesday, December 10, 2008 from 2:00 to 3:30 pm. The program features reports from several Campaign for Mental Health Recovery (CMHR) community partners about their activities to promote acceptance and social inclusion for people with mental health problems. **Registration is not required for this event. Dial 1- 888-947-9965, once prompted, enter 1160480**

Representatives from six of the eleven consumer-run organizations who received the 2008 CMHR State Implementation Awards will provide an exciting overview and update of their transformational CMHR projects. These activities focus on the use of the **“contact approach” as described in research as one of the most effective ways to change negative attitudes, beliefs, and behaviors associated with mental health problems.**

●Mental Health Teleconference sponsored by the Division of Mental Health and Substance Abuse Services

Conference Title: Compassion Fatigue

Presenter: Jennifer Wilgocki, MS LCSW

Thursday, December 11, 2008 from 11:00 a.m. – 12:00 p.m.

To Register: Each site has one participant register on line with Wisline at

http://www.uwex.edu/ics/wlreg/wl_welcome.cfm

for the teleconferences of your choice. Additional participants at the site are listed in the miscellaneous category. Just before 11:00 on the day of the teleconference **call the Wisline Teleconference Services at (608) 316-0022, CODE NUMBER: 1099. You will be immediately connected to the teleconference.** Web Site: In addition to the link for the evaluation form, copies of the current and previous handouts and the schedule for the Mental Health Teleconference can be found at the teleconference website:

http://dhs.wisconsin.gov/mh_bcmh/confandtraining/Teleconferencesch.htm. **Contact:** Kay Cram is available Tuesdays, Wednesdays, and Thursdays for questions, comments, or suggestions at: Kay.Cram@wisconsin.gov, (608)261-6743 voice, (608)266-1533 Fax, (608)

266-7376 TTY. For technical help with your conference, call the WisLine HelpLine: 1-800-442-4614

●**Bipolar Disorder in Youth: January 12, 2009.** UW-Madison Continuing Studies at www.dcs.wisc.edu/pda/aoda or 608-262-7942.

●**Pharmacology of Psychoactive Drugs: February 5-6, 2009,** UW-Madison Continuing Studies at www.dcs.wisc.edu/pda/aoda or 608-262-7942.

●**Mental Health America's Centennial Conference: June 10-13** in Washington D.C.

●**Save these Dates: 2009 WUMH Joint Advisory Board and Steering Committee Meetings: March 13, June 12, September 11, and December 11.**

Fridays, 9:00-11:00 am in Madison with teleconferencing available.

Past issues of the WUMH Monthly Update are stored on our web site www.wimentalhealth.org. Please send event information to the webmaster. Thank you!

Marilyn Duguid, RN
Project Coordinator, WUMH

c/o Wisconsin Women's Health Foundation
2503 Todd Dr.
Madison, WI 53713
mduguid@wwhf.org
P 608-251-1675
F 608-251-4136
www.wwhf.org

WUMH Purpose: A coalition to implement the Healthiest Wisconsin 2010 objective to eliminate the stigma associated with mental illnesses.

Mental illnesses are real, common, and treatable. Recovery is possible.

DISCLAIMER: *The WUMH Listserv is intended to share information about mental health and mental illnesses, stigma, and recovery. This information does not necessarily express the views of WUMH or the Wisconsin Women's Health Foundation. If you wish to be deleted from this list, please reply with "Unsubscribe" in the subject or text. Thank You.*