

“Education and awareness about mental illnesses to reduce stigma and promote recovery.”



December 2009--WUMH News and Information

WUMH Quarterly Meeting Joint Advisory Board and Steering Committee:

December 11, 9:00 to 11:00 am.

(Box lunch provided with your RSVP by December 9!)

***New location for this meeting only: at the NAMI Wisconsin office: 4233 W. Beltline Hwy, Madison, WI 53711.
608-268-6000.***

Teleconferencing available—see [agenda](#) for directions and phone-in instructions.

Please **RSVP with Marilyn Duguid: mduquid@wwhf.org

●Report describes the “American Tragedy”:

Information on Mental Health, Substance Abuse, and the Criminal Justice System.

<http://www.gainscenter.samhsa.gov/html/nlf/pdfs/AmericanTragedy.pdf>

●Job Openings:

Case Manager for the Mental Health Center of Dane County, Inc.; Community Support Specialist II. The position is Full-Time. Personnel Code # 29064. Program: Fordem Connections - Cornerstone Team. **Closing date is December 18, 2009.** Web site: www.mhcdc.org, 625 W. Washington Avenue Phone: (608) 280-2700, Madison, WI 53703 FAX: (608) 280-2575

Veteran’s Suicide Prevention Coordinator position open in Madison. Preferred candidates will be LCSW with at least 2 years experience. Full-Time with **closing date is December 8, 2009.** Please apply by following the instructions in the link listed below.

http://jobview.usajobs.gov/GetJob.aspx?JobID=84789118&JobTitle=Social+Worker+-+Suicide+Prevention&lid=18633&sort=rv%2c-dtex&cn=&rad_units=miles&brd=3876&pp=50&jbf522=0185&jbf574=VATA&vw=d&re=134&FedEmp=N&FedPub=Y&caller=agency.aspx&VSDM=2009-11-24+18%3a22%3a00

Executive Director, The Human Service Center of Forest, Vilas, and Oneida Counties

Position administers and oversees the daily operations of The Human Service Center to ensure the provision of a comprehensive array of services to individuals with developmental disabilities, mental illness and alcohol and other drug abuse issues. Bachelors Degree required; Masters degree preferred. **Closing date is December 11, 2009.** For more information, contact: Judy Citro: jc@thehumanservicecenter.org

●Wisconsin Parity Legislation—Keep the Momentum Going!

The recent Assembly and Senate committee hearings on **AB 512 and SB 362** were very successful, with a wide range of testimony and a number of questions and concerns raised by opponents and by legislators. Since the hearings, members of the **New Day Coalition** have been working to alleviate those concerns and respond to lingering questions about parity. Our hope is that the two committees will vote on the bills before the end of this year and that **Assembly and Senate floor votes will be scheduled early in 2010.** We need on your help! **Join us on December 2 and/or December 16 to strategize for parity in Wisconsin.**

To meet in person come to Marc Herstand's office - NASW, 16 North Carroll, 2nd floor, Madison
To meet by phone: Dial **218-936-7988**. When prompted, enter the Participant Access Code **727489** followed by the # sign. Please identify yourself when you join the call.

For more information contact: Sarah Bowen, Executive Director, Wisconsin Psychological Association, Madison, 608-251-1450. Email wispsych@execpc.com

●Lessons Learned: Trauma-Sensitive Health Care

This handbook describes the principles of sensitive practice and offers guidelines to enhance survivors' sense of safety during health care encounters, in the interest of maximizing the benefits of consultation and treatment. The Handbook was developed through a collaborative research project involving over 400 adult survivors of childhood sexual abuse, mental health clinicians and health care professionals from 10 disciplines, from across Canada.

http://www.phac-aspc.gc.ca/nfv-cnivf/pdfs/nfntsx-handbook_e.pdf

CornucopiaOpen House

Sunday, December 6, from1:00-4:00pm

1917 Winnebago Avenue in **Madison**

Please call and come andjoin in the fun!

608-249-7477 copia@sbcglobal.net www.cornucopia-arts-inc.org

●Stigma of Mental Health with New Immigrants

“Attitudes toward mental health in the cultures of recent immigrants differ significantly from the mainstream U.S. approach. Most recent immigrants attach a **stigma** to mental health issues, seeing them only as mental illness. In fact, there are no phrases to define “mental health” in most home languages of recent immigrants. It is important to educate entire immigrant and refugee communities on emotional and behavioral issues. While the American culture values individual privacy rights, **many recent immigrants believe in communal responsibility.** “Most immigrants are part of strong collective communities in the United States,” says Mimi Chapman, and the entire community must understand and support the services.”

Read More: <http://healthinschools.org/Immigrant-and-Refugee-Children/~media/Files/PDF/FINAL%20Revised%20Kappan%20article%2011-13-09.ashx>

●Upcoming Conferences/Education:

Visit the WUMH website calendar for a monthly listing of events, trainings and conferences across Wisconsin and nationwide www.wimentalhealth.org.

--**Latino Conference on Mental Health: "Healthy Mind, Healthy Body."** This **free** event, with all workshops in **Spanish**, will be held on **December 5** at Bethel Lutheran Church in **Madison**. Call to pre-register: **608-265-6634**. Organized by the Latino Health Council of Dane County.

--**The STAR Method of Geriatric Mental Health:** Part 1, **December 3**, and Part 2, **December 8**, in **Madison, WI**. Classes are being offered through the UW-Extension. More information: 608-262-1397 or 800-725-9692. Fee: \$120 per day. Visit: www.dcs.wisc.edu/classes/aging/htm

--**Substance Abuse and Co-Occurring Mental Illness** will be held on **December 7** followed by **Suicide and Violence** workshop on **December 8**. Both courses held at the **American Club in Kohler, WI**. (One hour north of Milwaukee, one hour south of Green Bay.) Offered through the UW-Extension. More information: 608-262-7942 or 800-725-9692. Fee: \$140 per day. Visit: www.dcs.wisc.edu/pda/aoda or www.dcs.wisc.edu/pda/mental-health

--**Mental Health Consumers Organizing for Change: Our Voice Our Choice.** Please join us for an important gathering on **December 9, 2009, 10:00 to 2:30** at 201 West Washington in Madison Wisconsin. Lunch is provided. For more information, contact: Molly Cisco, 608-206-5094 mollycisco@msn.com or Laura Wopp at phoenix9rising@sbcglobal.net

Please forward this Update on to your networks. Thank You!

Past issues of the **WUMH Monthly Update** are stored on our web site www.wimentalhealth.org. Please send event information and any other information to the webmaster. Thank you!

Marilyn Duguid

Project Coordinator, WUMH
c/o Wisconsin Women's Health Foundation
2503 Todd Dr.
Madison, WI 53713
mduguid@wwhf.org
P 608-251-1675
www.wwhf.org

WUMH Purpose: A coalition to implement the Healthiest Wisconsin 2010 objective to eliminate the stigma associated with mental illnesses.

Mental illnesses are real, common, and treatable. Recovery is possible.

DISCLAIMER: The WUMH Listserv is intended to share information about mental health and mental illnesses, stigma, and recovery. This information does not necessarily express the views of WUMH or the Wisconsin Women's Health Foundation. If you wish to be deleted from this list, please reply with "Unsubscribe" in the subject or text. Thank You.