

**“Education and awareness about mental illnesses
to reduce stigma and promote recovery.”**



February 2010---WUMH News and Information

Summary of 2009 mental health programs funding gains

Mental Health America's Advocacy Network compiled a list of funding gains for many federal programs. Included in this list:

- A \$36 million increase for CMHS, resulting in a budget of over \$1 billion for the first time.
- \$39 million increase for the National Institute of Mental Health
- Congress provided a roughly \$45 million increase for juvenile justice programs (from nearly \$300 million to slightly over \$345 million). The Administration had proposed level funding.
- Congress provided a \$50 million increase for Section 811 Supportive Housing (from \$250 million to \$300 million). The Administration had proposed level funding.

[Download Conference Appropriations Chart \(.pdf\)](#)

Fact Sheet: Workplace Accommodations: Low Cost, High Impact

Recent amendments to the Americans with Disabilities Act (ADA) refocused attention on workplace accommodations by broadening the definition of disability; more coverage means more employees will likely be entitled to workplace accommodations. This increased attention has some employers concerned about the costs of providing job accommodations. However, a study conducted by the Job Accommodation Network (JAN), a service of the U.S. Department of Labor's Office of Disability Employment Policy (ODEP), shows that workplace accommodations not only are low cost, but also positively impact the workplace in many ways. What is the bottom line? Workplace accommodations are low cost and high impact, and JAN can help employers make them, free of charge. Read the study at:

<http://www.jan.wvu.edu/media/LowCostHighImpact.doc>

For more resources on workplace accommodations visit WorkSource Wisconsin's Human Resource Management page at <http://www.worksourcewi.com/HRM/accommodations.html>

Remote Screening, Diagnosis, and Guidance Improves the Ability of Primary Care Practices to Detect and Arrange Treatment for Mental Health Problems

A mental health clinical assessment service provides remote (telephone-based) screening, diagnosis, and clinical guidance for patients seen in primary care practices who have or are suspected of having mental health or substance abuse problems.

In a Veterans Affairs primary care clinic, the system significantly increased the screening and identification of patients needing mental health or substance abuse services, thus enhancing the ability to refer these patients to the care they need. See the Results section for new outcomes regarding patient engagement rates as a result of implementation of the Behavioral Health Laboratory Model and the Use By Other Organizations sections for information about a statewide demonstration in Pennsylvania for frail elderly patients (November 2009). [Click here](#) for information.

Spotlight: The Mental Health Consumer/Survivor Movement

STAR Center

The STAR (Support, Technical Assistance and Resource) Center works to assist consumer-operated and consumer-helper programs in meeting the needs of underserved populations. The program is funded by a grant from the Center for Mental Health Services, Substance Abuse Mental Health Services Administration, U.S. Department of Health and Human Services. In addition to offering technical assistance, monthly teleconferences and scholarships are offered. Find out more at: <http://www.consumerstar.org/>

For more general information on consumer-operated services, visit WUMH's Web site at: <http://www.wimentalhealth.org/network/consumer/>

National Mental Health Consumers' Self-Help Clearinghouse

The National Mental Health Consumers' Self-Help Clearinghouse, the nation's first national consumer technical assistance center, is sponsored by SAMHSA. This clearinghouse promotes and helps develop consumer-run self-help groups across the country. The Clearinghouse offers technical assistance and educational materials, including information on the following topics:

- Organizing groups
- Conducting fundraising
- Developing leaders

- Incorporating public relations, advocacy, and networking into activities

To find out more about the National Mental Health Consumers' Self-Help Clearinghouse, visit <http://mhselfhelp.org/> or call 1-800-553-4539.

Say It Out Loud

Say it out loud is a public awareness, engagement, and education campaign that aims to increase awareness of mental health as a vital component of overall health and well-being and to motivate sustainable change in behaviors that promote good mental health. Developed and launched by the State of Illinois Department of Human Services' Division of Mental Health and The Illinois Children's Mental Health Partnership, Say it out loud is supported by a network of more than 30 organizations. To launch the campaign, the Governor of Illinois proclaimed Mental Health Awareness Month (May) 2008, "Say It Out Loud Month."

For more information about Say it out loud, visit <http://www.mentalhealthillinois.org/>.

Voice of Transformation: Developing Recovery-Based Statewide Consumer/Survivor Organizations

This manual, developed by the NEC and the Recovery Consortium, provides individuals and agencies with information that can assist them in organizing new consumer/survivor organizations and strengthening existing organizations. This manual is available at <http://www.power2u.org/downloads/Voices%20of%20Transformation%2010-12-06%5b3%5d.pdf>.

Upcoming Conferences/Education

Improving Services for Children and Families Conference (February 26 & 27, 2010)

Theme: Stigma and Disparities in Children's Mental Health
Location: Hilton Resort, San Diego, CA

For more specific conference and panel discussion information, please visit <http://www.fyrt.org/web-storage/Conference/Doc13.pdf> Presented by the Family & Youth Roundtable, a nonprofit, family and youth-led organization. <http://www.fyrt.org>

QPR Suicide Prevention Training (Wednesday, February 24, 2010)

A program of Jewish Family Services, Community Mental Health Education Project
Time: 8 a.m. - 5 p.m.
Location: Jewish Family Services, 1300 N. Jackson Street, Milwaukee

Contact: Call (414) 225-1373 for information

Cost: \$395 for 3 year certification and materials. Scholarships are available for this training. If the price is cost-prohibitive, please call (414) 225-1373.

Workshops For Advocates 2010

Education and Empowerment for Social Service Providers and their Clients presented by the Empowerment Coalition of Milwaukee. **ADVANCED REGISTRATION IS REQUIRED FOR ALL WORKSHOPS.** All workshops are \$5.00. All workshops will be held on the third Friday of each month at the United Way, 225 W. Vine Street, from 9:00 a.m. until 12:00 noon (unless otherwise noted).

Date	Topic
January 15	Foster Care Resources
February 19	Domestic Violence Resources
March 19	Cultural Diversity
April 16	Food Programs/Meal Programs
May 21	Housing Resources
June 18	Community Advocates/Resource Fair
July 16	HIV Resources
August	NO WORKSHOP THIS MONTH
September 17	Mental Health/Difficult Clients
October 15	Sliding Fee/Free Clinics
November 19	Legal Resources
December 17	Entitlement Updates

For information on obtaining a registration form contact Isela Montenegro at Community Advocates at (414) 449-4777 or isela@communityadvocates.net

Please forward this Update on to your networks. Thank You!

Past issues of the WUMH Monthly Update are stored on our Web site www.wimentalhealth.org. Please send event information and any other information to webmaster@wimentalhealth.org. Thank you!

WUMH Purpose: A coalition to implement the Healthiest Wisconsin 2010 objective to eliminate the stigma associated with mental illnesses. Mental illnesses are real, common and treatable.

***DISCLAIMER:** The WUMH Listserv is intended to share information about mental health, stigma, and recovery. This information does not necessarily express the views of WUMH or the Wisconsin Women's Health Foundation. If you wish to be deleted from this list, please reply with "Unsubscribe" in the subject or text. Thank You.*