

2009 Mental Health Consumer Conference

United We Stand

“Creating the Future of Mental Health”

**A Conference to Create and Support
A Statewide Mental Health Consumer Network**

Keynote Speaker: Daniel Fisher

Noted Psychiatrist, Advocate and Consumer

***“Achieving an Empowered Consumer/Survivor Voice
through Building Community”***

Monday and Tuesday, June 29th and 30th 2009

**Chula Vista Resort
Wisconsin Dells, WI**

Sponsored by:

**Grassroots Empowerment Project
NAMI Wisconsin Consumer Council
Stable Life
Wisconsin Council on Mental Health**

Supported by:

**Disability Rights Wisconsin
Mental Health America of WI
Wisconsin Clubhouse Coalition
Wisconsin Coalition of Independent Living Centers**

Monday, June 29th

- 7:00 – 9:00 AM** **Conference Registration and Breakfast**
- 9:00 – 9:15 AM** **Welcoming Remarks –
General Meeting Room**
- 9:15 – 10:00 AM** **Keynote Speaker: *Daniel Fisher*: “Achieving an Empowered Consumer/Survivor
Voice through Building Community:
General Meeting Room**
- 10:00 – 10:15 AM** **Break**
- 10:15 – 11:45 AM** **Workshops:**

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| <p>Iowa Success in Consumer Network Building <i>Mike Wood and Todd Lange</i> Learn how consumer in Iowa came together to form a Statewide Consumer Network. Gain knowledge about what worked and what didn't in their efforts of building a strong network</p> | <p>Using Career Path to Recovery <i>Karen Milstein- Marni Roiniotis- Deb Gilles-</i> Empower peers to reach their own employment and life goals by developing circles of support.</p> |
| <p>Compassionate Communication <i>Maria Hanson- Donna Reimer</i> Discover new and recovery-oriented ways to communicate across relationships.</p> | <p>Introduction to WRAP <i>Benita Walker</i> Gain information about Wellness Recovery Action Plans and how they can lead to recovery.</p> |
| <p>Building Advocacy Skills <i>Dianne Greenley-Lori Kinnard</i> Enhance your skills as an advocate for yourself, others and changing the system.</p> | <p>Ethics & Boundaries for Peer Specialists <i>Bethann Burazin-Mary Neubaure</i> Join us as we navigate the map of ethics and boundaries of peer support in action. Explore and discover new ways to connect..</p> |

- 12:00 – 1:00 PM** **Lunch Buffet**
- 1:00 – 2:45 PM** **Statewide Network Strategy Sessions- (Breakout by Regions of W
Your input is crucial!!! Join others in your region for a facilitated
discussion about building a statewide consumer network.**
- 2:45 – 3:00 PM** **Break**
- 3:00 – 4:30 PM** **GEP Membership Meeting & Election – General Meeting Room**
- 6:00 – 7:00 PM** **Dinner**
- 7:00 – 10:00** ***Join us for an evening of fun and laughs at the Water Park***

Tuesday, June 30th

- 8:00 – 9:00 AM** **Breakfast Buffet**
- 9:00 – 9:15 AM** **Announcements/Remarks – General Meeting Room**
- 9:15 – 10:00 AM** **Statewide Network Strategy Session Report
General Meeting Room**
- 10:00 – 10:30 AM** **Break and hotel check out**
- 10:30 – 12:00 PM** **Workshops-**

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| Creating Your Own WRAP Plan <i>Misty and Andrew Barnhill</i> Try your hand at writing your own Wellness Recovery Action Plan. | Impacting the Mental Health System <i>Shel Gross-TBA</i> You can make a difference! Learn how the WI Public Mental Health system works and use your knowledge and experience to impact positive change. |
| Talking Circles: A Native American Approach <i>Wenona Gardner-Bill Janson</i> A community talking circle incorporating elements of Native American culture and spirituality. | Wellness, Management and Recovery <i>Alyce Jablonski-Cheryl Lofton- Serge Blasberg</i> Learn how to create your own recovery, life goals and wellness through a collaborative relationships with providers. |
| Building Sanctuary: Personal, Interpersonal And Community <i>Maria Hanson-Donna Reimer</i> Creating and discovering a safe place of healing and compassion. | One Network One Voice- Tools for Building a Statewide Network <i>Ava Martinez, Molly Cisco, Joann Stephens</i> How to collaborate for the greater good of impacting the system and improving our lives. |

12:00 – 1:00 PM **Lunch**

1:00 – 2:30 PM **Workshops –**

Repeated from the morning

2:30 – 3:00 PM **Break and Wrap Up – General Meeting Room**

Please fill out and return all evaluations!

Conference Registration- READ THOROUGHLY

The conference registration fee for mental health consumers is \$45.00. All others have a registration fee of \$85.00. The registration fee includes all materials, breakfast, lunch and dinner on Monday; and breakfast and lunch on Tuesday. Hotel costs are not included in the registration fee. There are no scholarships for the registration fee. However, some examples of organizations that may be offering scholarships include: local NAMI Chapters, Mental Health Associations, County Mental Health Agencies, Independent Living Centers and local United Ways. **Registration deadline is Friday, June 5, 2009 and refunds will not be given after that time.**

If you have questions, please contact:

Grassroots Empowerment Project

P.O. Box 8683

Madison, WI 53708

1-800-770-0588

mollycisco@msn.com

Lodging

A block of rooms will be held at the Wisconsin Dells Chula Vista Resort until Friday, June 5th, 2009 under *Grassroots Empowerment Project* at a special rate of \$70.00 for a single or \$92.00 for 2-4 people to a room. To make reservations call 1-608-254-8366. **You are responsible for making your own reservation, unless you receive a lodging scholarship.**

Lodging Scholarships

A limited number of lodging scholarships are available for mental health consumers on a first-come, first-serve basis for Monday night. Attendees traveling more than 150 miles (one way) to the conference are also eligible for Sunday night lodging scholarships. Each person requesting a scholarship must agree to share a room with one other person. Both individuals must register separately and indicate on your registration form who your roommate will be. If you do not indicate a roommate, one will be assigned to you.

DO NOT MAKE A RESERVATION if you are requesting a lodging scholarship. You will receive confirmation from GEP and the reservation and payment will be made directly to the hotel for you. **However, everyone must complete the conference registration form and submit the conference fee of \$45.00.**

Substitutions

We acknowledge that there may be reason for you to cancel after registering and that you may want to substitute another person in your place. Please be advised that there will not be any substitutions granted after June 12th, 2009

Conference Registration Form

Registration Deadline is Friday, June 5th, 2009

YOU MUST FILL OUT THIS FORM COMPLETELY. PLEASE PRINT CLEARLY.

Name _____

Address _____

City/State/Zip _____

Phone _____ Email _____

I am a male ____ female ____

Do you require any type of special accommodation due to a disability (wheelchair accessible room, sign language interpreter, etc)? _____

Do you have any special dietary requirements? _____

Lodging Scholarship Requested:

_____ Sunday, June 28st

_____ Smoking Room (no guarantee)

_____ Monday, June 29th

_____ Non-Smoking Room

_____ Miles from the conference site (Must be more than 150 miles one way to be eligible for Sunday night lodging)

My roommate is _____

Please find me a roommate ____

Registration Fee (must be included with this form):

_____ \$45.00– Mental Health Consumers

_____ \$85.00 – All Other Participants

Make checks payable: Grassroots Empowerment Project Inc.

Mail to: Grassroots Empowerment Project
PO Box 8683
Madison, WI 53708

Feel free to make copies of this brochure and distribute to others

