



Mental Illness Awareness Week October 5-11, 2008

Activities around Wisconsin

Thursday, Oct. 9:

- Bipolar Disorder Awareness Day (BDAD). www.nami.org/miaw/
- William S. Middleton VA Medical Center, Madison, WI, Room A2043, 12:00 p.m. Veterans will share their stories of recovery with a focus on employment and their experiences with the VA Medical Center's Compensated Work Therapy program. Light lunch will be served. Contact Beth Lucht (608) 280-7084 for more information.

Friday, Oct. 10

- National Depression Screening Day (NDSD)- Online Screening <http://www.mentalhealthscreening.org/>
- Mental Health America of Wisconsin (MHA), the office of Lt. Governor Barbara Lawton and Wisconsin United for Mental Health (WUMH) will offer a free, confidential, and simple online mental health screening. Screening tool available at www.mhawisconsin.org, www.ltgov.wisconsin.gov or www.wimentalhealth.org.

NAMI Wisconsin Events

- Friday, October 3 from 4:00-8:00 p.m. second annual "Healing Arts" Show
NAMI Wisconsin office: 4233 W. Beltline Hwy. Madison, WI 53711
- Friday, October 3 from 4:00 to 6:30 pm. "Healing Arts" Show
The Gathering Place: 1001 Cherry Street, Green Bay, WI 54301

* If you are unable to attend the show on Friday, the art will be on display throughout Mental Illness Awareness Week (Oct 6-10) from 8:00 a.m. to 4:00 p.m.

NAMI Wisconsin Affiliate Events

NAMI Brown:

- Monday, October 6: Canvas, film showing at Harmony Café
West Mason Street, Green Bay 6:30 p.m. – 8:30 p.m.
- Tuesday, October 7: *In Our Own Voice*
UWBG co-sponsored by UWGB
- Wednesday, October 8: Mental Health America Banquet & Awards
Midway Motel, Green Bay 6:30 p.m. – dinner 7:30 p.m. – speaker
- Thursday, October 9: National Depression Screening Day

NAMI Dane:

- Sunday, October 5: NAMIWalk for the Mind of America
Olin Turville Park 11:00 a.m. – registration 1:00 p.m. – NAMIWalk

NAMI Door:

- Library Display Case at Door County Library
Sturgeon Bay - Donation of a book on mental illness to all seven branches of the library
- Forums in four churches: Video on depression by Susan Gregg-Schroeder and a power point presentation on JAK's Place
- Bulletin inserts sent to all Lutheran Churches in area
From Lutheran Network on Mental Illness/Brain Disorders
- Tuesday, October 21: Booth at the Community Health Fair, YMCA in Sturgeon Bay

NAMI Fond du Lac:

- Thursday, October 9: Canvas, film showing at Prairie Theater
UW Fond du Lac 6:30 p.m.

NAMI Fox Valley:

- Saturday, October 4: NAMIWalks for the Mind of America
Memorial Park, Appleton 8:00 a.m. – registration 9:00 a.m. – NAMIWalk. See page 15 for details

NAMI Jefferson:

- Multiple displays throughout the area: libraries, clinics, Jefferson County Sheriff's Department
- Media outreach – local talk radio program and newspaper article

NAMI Kenosha:

- Wednesday, October 8: Viewing of Men Get Depression in conjunction with depression screenings 9:30 a.m.
- Friday & Saturday, October 10 & 11: Annual Fundraiser
Soliciting in front of retail stores throughout the county and donation requests to individuals
- Interviews on WGTD radio and local TV station Channel 14

NAMI La Crosse:

- Saturday, October 11: Third Annual Iris Sale
- Display in the Main Library entrance
- MIAW billboards through the community in cooperation with Gunderson Lutheran Medical Center and Franciscan Mayo Medical Center

NAMI Ozaukee:

- Displays in all six Ozaukee County Libraries

NAMI Racine:

- Sunday, October 5: Candlelight Vigil
Cristo Rey Parish
- Tuesday, October 7: *In Our Own Voice* presentation
NAMI Racine October program meeting
- Display at the Burlington Public Library
Donation of books and DVDs to the library

NAMI Rock:

- Displays in all local libraries
- Letters to local newspapers and state and federal legislators from family members and consumers
- Monday, October 13: Candlelight Vigil
Rock County monthly meeting

NAMI Sheboygan:

- Saturday, October 4: Iris sale and information distribution
Piggly Wiggly, south side Sheboygan

NAMI South Central:

- Media Outreach – newspaper articles to local newspapers in Wisconsin Dells and Baraboo

NAMI Waukesha:

- Thursday, October 22: NAMI Waukesha Annual Awards Dinner
Thunder Bay Grille, N14 W24130 Tower Place, Pewaukee Cocktails - 5 p.m.
Dinner - 6 p.m. Awards Presentation - 7 p.m.
\$40 per person
- Inserts in Waukesha area church bulletins

NAMI Wishigan:

- Two page article in local newspaper
- NAMI information on placemats in local restaurants



Wisconsin United for Mental Health (WUMH) is a coalition of citizens dedicated to eliminating the stigma and discrimination associated with mental illness. WUMH initiatives promote mental health awareness and education with media, employers, schools, and others to create mental health-friendly environments and build linkages for hope and recovery. www.wimentalhealth.org



National Alliance on Mental Illness (NAMI) is the nation's largest grassroots mental health organization dedicated to improving the lives of individuals and families affected by mental illness.

NAMI Wisconsin has more than 33 affiliates throughout the state, who engage in advocacy, support, and education, promoting recovery. NAMI Wisconsin is a coalition member of Wisconsin United for Mental Health. <http://www.namiwisconsin.org/>.