

“Education and awareness about mental illnesses to reduce stigma and promote recovery.”



WUMH News and Information ■ **March 2008**

Friday, March 14, 2008, WUMH Joint Advisory Board & Steering Committee Meeting

Please join us **this Friday**, either in person or by WISLine teleconference. **Please RSVP** by March 13 to mduguid@wwhf.org. **Meeting agenda** and minutes from the last meeting (December 14, 2007) are attached. Instructions for teleconferencing are on the agenda. **Thank You!!**



Read all about the February 20 action day by visiting the WUMH website: www.wimentalhealth.org. Check out the photo collage and read the follow-up letter from Lt. Governor Barbara Lawton. Still work to be done so Wisconsin can join the other 42 states that have parity.

Registration Now Open for Training Teleconference: Reducing Stigma and Discrimination among People who are Lesbian, Gay, Bisexual, and Transgender

The SAMHSA Resource Center to Address Discrimination and Stigma Associated With Mental Illness invites you to register now for a free teleconference training titled, “Reducing Stigma and Discrimination among People who are Lesbian, Gay, Bisexual, and Transgender (LGBT).”

Date: Wednesday, March 12, 2008

Time: 2:00 PM – 3:30 PM (Eastern Time)

To register for this training teleconference, please contact stopstigma@samhsa.hhs.gov. Please pass this invitation along to interested friends and colleagues. **Please note:** Registration for this teleconference will close at 5:00 p.m., Eastern Time, **on Monday, March 10, 2008.**

Recovery: Positive Outcomes for Mental Health

Friday, April 25, 2008, in Eagle River, Wisconsin. A conference covering a full range of topics including mental health and addiction issues in children, teens and adults. **Please contact:** Lacey Bruyette at 715-369-1337.

Events of interest to Veterans in Wisconsin:

Coming Home: Helping Families Through the Transition

May 3, 2008

8:30am - 4:00pm

American Family Insurance Conference Center

6000 American Parkway - Madison, WI 53783

Sponsored by NAMI Wisconsin, co-sponsored by William S. Middleton Memorial Veterans Hospital, UW-Madison School of Social Work, WI DHFS Brain Injury Advisory Council, WI Department of Military Affairs.

Registration is by mail only, space is limited and **preference will be given to families** - will also accept registration from professionals who would benefit from this workshop.

Featured Topics:

Recognizing & Addressing Behavioral Difference after Brain Injury, Medical & Mental Health Overview, Spouse/Significant Other Relationship Challenges, Veterans as Parents, Challenges for Parents of OEF/OIF Veterans, Coping with the Transition.

For more information call: Melissa at NAMI WI 1-800-236-2988

SAVE THIS DATE
THURSDAY
MAY 15TH, 2008

MAPPING A NEW ROAD TO RECOVERY;
ADDRESSING MENTAL ILLNESS IN THE
CRIMINAL JUSTICE SYSTEM

SPONSORED BY:

THE MILWAUKEE
MENTAL HEALTH TASK FORCE

For more information contact Peter Hoeffel at 414-773-4646 or peterh@drwi.org.

Invitation to Participate in *Men Get Depression* Campaign

You are invited to be part of an outreach effort associated with the airing of a new documentary entitled ***Men Get Depression***. This documentary will air on public television in May and **Wisconsin** has been selected as one of 14 states to conduct targeted community outreach in conjunction with this event. **Mental Health America** (MHA) was selected as a partner for coordinating this outreach.

If you would like to participate in the national awareness campaign and/or have ideas for outreach activities, MHA is seeking groups that would like to sponsor a local outreach event using a Community Toolkit. MHA will be able to provide community toolkits to up to 6 sites who are interested in sponsoring an event. MHA also can provide small **grants to local groups** to support these events. Additionally, we can provide copies of the outreach DVD alone to other groups who might like to have them or use the video alone as part of a local educational event. **Deadline for the grants is March 21, 2008.**

Priority for toolkits and funding will be given to organizations that can conduct outreach events prior to or in conjunction with the airing of the documentary on public television in May. Because Milwaukee Public Television has agreed to show the documentary and because we have already secured outreach sites in the MPTV viewing area, priority will be for outreach events in other areas of the state. You can find additional information about the campaign at www.mengetdepression.com

If you are interested in participating contact: Shel Gross, MHA, shelgross@tds.net, 608-250-4368 or Becky Wittig at 414-276-3122, or becky@mhawisconsin.org

Visit our web site at www.mhawisconsin.org

Campaign for Mental Health Recovery (CMHR)

Posters Available: If you are looking for material to distribute at your local CMHR support events or other mental health related events, you may be interested to know that SAMHSA's [National Mental Health Information Center \(NMHIC\)](#), has free anti-stigma reduction posters available for ordering. To view the poster, click [here](#). To order copies of the poster, you may call NMHIC at 1-800-789-2647 and request the poster using inventory code **OEL99-0001**. *You can order larger quantities of the poster if so desired.*

CMHR Support Materials: Have you ordered your CMHR Community Site kit? Do you know where to order CMHR support materials? Access a complete list of CMHR materials and ordering information by clicking [here](#).

State of Wisconsin Division Mental Health & Substance Abuse Services Unit of Consumer Affairs

"The Collaborator" is a publication of the Unit of Consumer Affairs (a sample edition is attached.) This is a great way to stay connected to the efforts of the state. It is intended to create a greater sense of connection among peers—Wisconsin consumers and/or participants in mental health and substance abuse services. You can read about CCS (Comprehensive Community Services), recovery trainings, peer specialist trainings and much more. Contact info for state staff listed inside The Collaborator.

In Our Own Voice: NAMI Voice for Fighting Stigma

The National Train the Trainers for the In Our Own Voice (IOOV) program will be April 25-25 in St. Louis, MO. NAMI Wisconsin will host an IOOV training in La Crosse, WI, on August 14-15. For more information, contact NAMI Wisconsin at 800-236-2988 or nami@namiwisconsin.org. Visit their website www.namiwisconsin.org

We appreciate all your efforts to stay informed and involved with the many activities happening around the state. Please contact me for any further information. Visit our website www.wimentalhealth.org for news and calendar events! On behalf of WUMH, Thank you!

Marilyn Duguid, RN

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WUMH Purpose: A coalition to implement the Healthiest Wisconsin 2010 objective to eliminate the stigma associated with mental illnesses. Mental illnesses are real, common and treatable.

DISCLAIMER: The WUMH Listserv is intended to share information about mental health, stigma, and recovery. This information does not necessarily express the views of WUMH or the Wisconsin Women's Health Foundation. If you wish to be deleted from this list, please reply with "Unsubscribe" in the subject or text. Thank You.