

**“Education and awareness about mental illnesses to reduce stigma and promote recovery.”**



## **September 200 WUMH News & Information**

### **●Crafting a Healthier Workforce**

The **impact of mental health on Wisconsin's workforce** will be the topic of the 4<sup>th</sup> Annual Dialogue presented by Wisconsin Women's Health Foundation on **September 15, 2009, at the Monona Terrace in Madison**. With the Federal Parity legislation passed, more employers will be looking at what they need to do to meet new federal requirements. What we know is that mental health benefits offered equally to physical health benefits not only **improves the health of the employee community, it is good for the bottom line**. Come and find out more on September 15. Full details about the event are available at [www.wwhf.org](http://www.wwhf.org). To **register** (by **September 10**, please): email [wwhf@wwhf.org](mailto:wwhf@wwhf.org) or call 608-251-1675 or 1-800-448-5148 today!

### **●Coordinating Care for Children with Serious Mental Health Challenges**

Positive Outcomes for Families, Children, Youth is the topic of the recent SAMHSA newsletter. The article describes what SAMHSA is trying to do through their program and grants to “avoid fragmentation and allow the communities that receive our funding to integrate their services. **“Our goal is to ensure a coordinated network of care.”** Read more at: [http://www.samhsa.gov/samhsaNewsletter/Volume\\_17\\_Number\\_4/CoordinatingCare.aspx](http://www.samhsa.gov/samhsaNewsletter/Volume_17_Number_4/CoordinatingCare.aspx)

### **●Federal Ban on Student Restraint**

<http://online.wsj.com/article/SB124683589628497923.html?mod=googlenews>

### **●Disability Rights Wisconsin (DRW) Listening Session on Friday September 11**

The DRW Board wants to hear from people with disabilities, their families, friends, disability activists, service providers and other concerned individuals about **your ideas for the future of disability advocacy** and the issues that need to be addressed in the areas of special education, developmental disability, **mental health** and physical disability services and disability rights. The event takes place on **Friday, 9-11-09, from 4:30-6:30 pm. at the Hotel Intercontinental**, 1339 East Kilbourn Ave in Milwaukee. Location is accessible by bus. **For more information:** please contact Linda Apple at 608-267-0214 or [applel@drwi.org](mailto:applel@drwi.org) or 888-758-6049 TTY.

### ●Unique Stigma Reduction Event

NAMI-Wisconsin invites you to breakfast at Inn on the Park, 22 S. Carroll Street in **Madison on Friday, September 25, 8:30-10:30 am**. Kjell Magne Bondevik, former prime minister of Norway (1997-2005) will share his story of living with depression. Bondevik took a leave from office due to his illness—he is known as the **highest ranking world leader to disclose his mental illness while in office**. Come and hear his inspiring message! Opening entertainment provided by the Stoughton Norwegian Dancers; remarks by Madison's Mayor Dave Cieslevicz. **Call or email to pre-register:** NAMI Wisconsin: 608-268-6000 or visit their web site: [www.namiwisconsin.org](http://www.namiwisconsin.org).

### ●September is Addiction Recovery Month

*Check [www.FacesandVoicesofRecovery.org](http://www.FacesandVoicesofRecovery.org) for Wisconsin events!*

### ●Social Inclusion and Trauma Informed Care

SAMHSA's Resource Center to Promote Acceptance, Dignity and Social Inclusion Associated with Mental Health invites you to register now for a **free** teleconference training titled, "**Social Inclusion and Trauma Informed Care.**" Thursday, **September 10, 2009, Time: 1:00 PM – 2:30 PM**. **Please note: Registration for this teleconference will close at 4:00 p.m., on Friday, September 4, 2009.**

To register for this training teleconference, please call **800-540-0320** or email: [www.promoteacceptance.samhsa.gov](http://www.promoteacceptance.samhsa.gov)

### ●NAMI StigmaBuster Alert

If you would like to receive the electronic notices from the national NAMI organization, please **contact them directly** at: [stigma@nami.org](mailto:stigma@nami.org).

## ●Upcoming Conferences/Education:

Visit the WUMH website calendar for a monthly listing of events, trainings and conferences across Wisconsin and nationwide [www.wimentalhealth.org](http://www.wimentalhealth.org).

--4<sup>th</sup> Annual Dialogue: **Crafting a Healthier Workforce: Defining the Impact of Mental Health and Learning What We Can Do to Effect Change.** **September 15, 2009, 8:00 am- Noon**, Monona Terrace in Madison. There is no charge for this event but please pre-register. For info visit [www.wwhf.org](http://www.wwhf.org) or call 608-251-1675.

--**Rally for Recovery! September 19, 2009, at Lakeview Park in Middleton, Wisconsin, 12:00-4:00pm.** This year's theme emphasizes the need to use all available resources to educate people about the disease of addiction and the healing journey of recovery. Sponsored by Wisconsin Association on Alcohol and Drug Abuse (WAAODA) and the Alliance for Recovery Advocates (AFRA). **For info: 608-829-1032** or [www.waaoda.org](http://www.waaoda.org).

--**13<sup>th</sup> Annual Crisis Intervention Conference: Making Connections to Create Solutions.** **September 24-25, 2009**, at the Chula Vista Resort in Wisconsin Dells. Presented by the Bureau of Prevention Treatment and Recovery of DHS.

--**A Provider's Introduction to Recovery Programs in High Schools and Post Secondary Schools:** Conference will be held on October 1, in Madison. Learn about the current research on school-based recovery programming. Contact: [www.attcnetwork.org/prairielands](http://www.attcnetwork.org/prairielands) for more information.

--**Suicide Prevention Summit III—How to Save a Life.** Friday, **October 2, 2009, 8:00 AM – Noon** at American Family Insurance Training Center in Madison. [www.safercommunity.net](http://www.safercommunity.net).

--**Wisconsin Department of Health Services: 5<sup>th</sup> Annual Mental Health and Substance Abuse Services Training Conference.** **October 27-28, 2009. "Celebrating Strengths During Challenging Times."** Appleton, Wisconsin. For more information, contact 800-898-9472 or [www.uwsp.edu/conted/conferences/](http://www.uwsp.edu/conted/conferences/)

## ●Save these Dates: **2009** WUMH Joint Advisory Board and Steering Committee Meetings:

**September 11 and December 11.**

**Fridays, 9 am-11 am** in Madison; teleconferencing available. Please **RSVP** with Marilyn Duguid, info below.

***Please forward this Update on to your networks. Thank You!***

Past issues of the **WUMH Monthly Update** are stored on our web site [www.wimentalhealth.org](http://www.wimentalhealth.org). Please send event information and any other information to the webmaster. Thank you!

**Marilyn Duguid**

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**WUMH Purpose: A coalition to implement the Healthiest Wisconsin 2010 objective to eliminate the stigma associated with mental illnesses.**

***Mental illnesses are real, common, and treatable. Recovery is possible.***

**DISCLAIMER:** *The WUMH Listserv is intended to share information about mental health and mental illnesses, stigma, and recovery. This information does not necessarily express the views of WUMH or the Wisconsin Women's Health Foundation. If you wish to be deleted from this list, please reply with "Unsubscribe" in the subject or text. Thank You.*