

Please select one of the following lunch options:

(Box Lunches include: fruit cup, chips, chocolate chip cookie and 20 oz. water. All salad box lunches will receive a roll and butter.)

- Roasted Veggie Wrap:** Flour tortilla filled with fresh, roasted vegetables.
- Grilled Chicken Caesar Salad:** Boneless breast of chicken marinated and grilled, served on a crisp bed of chopped romaine greens, homemade croutons, and parmesan cheese with Caesar dressing.
- Roasted Turkey Sub:** Oven roasted turkey topped with cheddar cheese, lettuce, tomato, onion, condiments on the side.
- Smoked Ham & Swiss Croissant:** Shaved ham, Swiss cheese and fresh spinach topped with honey mustard on a flaky croissant.
- Grilled Chicken Caesar Wrap:** Grilled chicken breast tossed with crisp romaine, shredded parmesan cheese and creamy Caesar dressing, wrapped in a sun-dried tomato tortilla.

Please check one of the following:

- Yes, it is okay to include my name and contact information on a participant roster.
- No, it is not okay to include my name and contact information on a participant roster.

Please make check or money order payable to Safe Communities and mail to:

Safe Communities
P.O. Box 6652
Madison, WI 53716-0652

Sorry, we are unable to accept credit cards.

"Suicide is a major public health problem in Dane County, and prevention efforts must be community-based and collaborative to be effective. Public Health of Madison and Dane County is pleased to be part of this exciting partnership of educators, healthcare and community-based organizations, the media, employers, faith communities, law enforcement and survivors of suicide. Through concerted community action we can prevent suicide."

*– Thomas Schlenker, MD, MPH, Director,
Public Health – Madison and Dane County*

"Suicide affects an entire community and, because it is a complex issue, it will take a community to work on it." *– Pat Derer, President, HOPES
(Helping Others Prevent and Educate about Suicide)*

Thank you to our Summit Partners:

Club TNT
Dane County Human Services
Madison Metropolitan School District
Mental Health America of Wisconsin
Mental Health Center of Dane County
Middleton Police Department
Middleton Senior Center
Madison-area Urban Ministry
New Directions Information Center
NAMI of Dane County
Office of Community Services – City of Madison
Public Health – Madison and Dane County
Sun Prairie School District
Survivors
WI-DHS Bureau of Prevention, Treatment, and Recovery

This Suicide Prevention Summit is made possible thanks to the generous contributions of the Charles E. Kubly Foundation, Public Health – Madison and Dane County, Madison Downtown Rotary Foundation, Dean/St. Mary's, and Mental Health America of Wisconsin.

**For more information, contact
info@safecommunity.net or (608) 256-6713.**

**Safe Communities
and HOPES
present**



Suicide Prevention Summit II

How to Save a Life

**Monday
September 8, 2008**

8:15 a.m. – 4:00 p.m.

American Family Insurance
Education and Training Ctr.

6000 American Parkway,
Building A,
Madison, WI

Suicide is a serious public health problem in Wisconsin. Facts include:

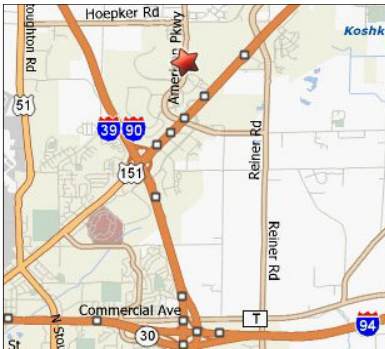
- In 2006, suicide accounted for 72% of violent deaths; of 919 violent deaths, 660 died by suicide.
- In Dane County, there were 57 deaths by suicide and 430 attempts in 2006.
- Suicide is the second leading cause of death among young people ages 15-24. One in five Wisconsin high school students reported seriously considering suicide.
- Adult working men and women ages 25-64 represent more than two-thirds of the total suicides in Wisconsin.
- Elderly males (ages 75+) are three times more likely to complete suicide than the general population in Wisconsin.

Join us to learn the full scope of the problem, what resources exist in Dane County and become trained in QPR – Question, Persuade, and Refer – three simple steps that anyone can learn to help save a life from suicide.

Intended Audience: Anyone who is interested in suicide prevention in their community; anyone who has the potential to come in contact with someone who is suicidal. Examples of those who may benefit from this seminar are: Public Safety Workers, Employee Assistance Program Staff, Health Care Providers, Mental Health Providers, Youth Service Providers, Senior Service Providers, Faith Communities, School Personnel, Librarians, Survivors, and individual community members.

Continuing Education Hours: You are eligible for 7.5 CEUs by attending the entire summit.

Location:
American Family Insurance Education & Training Ctr.
6000 American Parkway, Building A, Madison, WI



Summit Agenda

- 8:15 a.m.** Registration
- 8:45 a.m.** Welcome and Year in Review – Cheryl Wittke, Executive Director, Safe Communities
- 9:00 a.m.** Keynote – Burden of Suicide Report - Karen Timberlake, Secretary, WI Dept. of Health Services (*invited*)
- 9:20 a.m.** Call to Action – Pat Derer, Co-Founder, HOPES of Wisconsin
- 10:00 a.m. BREAK**
- 10:15 – 11:45 a.m. Concurrent Sessions I**
- QPR for Everyone
 - Suicide Prevention and Persons with Chronic Mental Illness
 - Suicide and Racial/Ethnic Communities: Incidence and Prevention Strategies
 - Community Crisis Safety Planning
- 12:00 noon LUNCH**
- 12:45 – 2:00 p.m. Concurrent Sessions II**
- QPR for Everyone
 - Addressing Youth Suicide in Dane County: Incidence and Prevention for Schools and Communities
 - Spiritual Care for the Depressed and Suicidal Veteran
 - Suicide Prevention in the Workplace: Reducing Stigma and Supporting Recovery
- 2:00 p.m. BREAK**
- 2:15 – 3:30 p.m. Concurrent Sessions III**
- QPR for Everyone
 - Veterans' Issues and Suicide
 - Older Adults and Suicide: Incidence and Prevention Strategies
 - Rethinking Suicide Ideation among LGBTQ Youth: What We Know and What You Can Do to Help
 - Lethal Means Restriction: What Public Health Research Tells Us
- 3:40 p.m.** Closing Words – Susan Conlin Opheim, HOPES of Wisconsin



**Summit Registration
Registration Deadline – Friday, August 22, 2008**

Name _____

Title _____

Organization _____

Address _____

City _____ State _____ Zip _____

E-mail _____

Phone _____

Registration fee (includes morning coffee/tea and a box lunch):

- \$40** (Dane County residents)
 - \$55** (guests from outside of Dane County)
- (Sorry, we are unable to accept credit cards.)**

Please select one topic for each session below:

Session I

- QPR for Everyone
- Suicide Prevention and Persons with Chronic Mental Illness
- Suicide and Racial/Ethnic Communities: Incidence and Prevention Strategies
- Community Crisis Safety Planning

Session II

- QPR for Everyone
- Addressing Youth Suicide in Dane County: Incidence and Prevention for Schools and Communities
- Spiritual Care for the Depressed and Suicidal Veteran
- Suicide Prevention in the Workplace: Reducing Stigma and Supporting Recovery

Session III

- QPR for Everyone
- Veterans' Issues and Suicide
- Older Adults and Suicide: Incidence and Prevention Strategies
- Rethinking Suicide Ideation among LGBTQ Youth: What We Know and What You Can Do to Help
- Lethal Means Restriction: What Public Health Research Tells Us



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